

AVAILABLE CLASSES

BALLET

Grade 1	Monday	4:45-5:45 p.m.
Grade 4	Tuesday	5:30-6:30 p.m.
Grade 4 + Pre-Pointe	Thursday	5:45-7:00 p.m.
Level 7	Monday	6:45-7:45 p.m.
Level 7 + Pointe	Thursday	4:30-5:45 p.m.
Senior Certificate	Monday	7:45-9:00 p.m.
Senior Certificate	Thursday	7:00-8:00 p.m.
Teen Ballet	Tuesday	4:30-5:30 p.m.
Senior Free Class	Tuesday	6:30-7:30 p.m.
Pointe	Thursday	8:00-8:30 p.m.

JAZZ

Junior 1	Wednesday	5:30-6:30 p.m.
Junior 3	Monday	5:45-6:45 p.m.
Elementary 2	Wednesday	5:30-6:30 p.m.
Elementary 3	Wednesday	6:30-7:30 p.m.
Intermediate 2	Wednesday	4:30-5:30 p.m.
Intermediate 3	Tuesday	7:30-8:30 p.m.
Intermediate 5	Tuesday	4:30-5:30 p.m.
Advanced 12	Saturday	2:00-3:15 p.m.
Advanced 15	Thursday	6:45-8:00 p.m.

HIPHOP

Hip Hop 1 (9-11 years)	Tuesday	5:30-6:30 p.m.
Hip Hop 2 (12-14 years)	Tuesday	6:30-7:30 p.m.
Advanced Hip Hop	Thursday	8:00-9:00 p.m.

TAP

Junior 2	Tuesday	6:30-7:30 p.m.
Elementary	Tuesday	4:30-5:30 p.m.
Intermediate	Tuesday	7:30-8:30 p.m.
Senior	Tuesday	5:30-6:30 p.m.

STRETCH AND STRENGTH

Stretch and Strength	Monday	7:30-8:15 p.m.
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LYRICAL

Intermediate Lyrical	Saturday	12:00-1:00 p.m.
Advanced Lyrical <i>(by permission from instructor)</i>	Monday	6:30-7:30 p.m.

MODERN

Modern <i>(by permission from instructor)</i>	Saturday	1:00-2:00 p.m.
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PROGRAMS FOR KIDS

Pre-School (3-4 yr.)	Saturday	10:15-10:55 a.m.
This 'n' That 1 (5-6 yr.) <i>(Ballet, Tap, Jazz & Musical Theatre)</i>	Saturday	11:00-12:00 p.m.
This 'N' That 2 (7-8 yr.) <i>(Ballet, Tap, Jazz & Musical Theatre)</i>	Saturday	12:00-1:00 p.m.
Combo Jazz	Wednesday	4:30-5:30 p.m.

PROGRAMS FOR ADULTS

Adult Ballet	Wednesday	5:30-6:30 p.m.
Adult Ballet Advanced	Thursday	5:45-6:45 p.m.
Adult Jazz Experienced	Wednesday	6:30-7:30 p.m.
Adult Jazz Advanced	Monday	5:30-6:30 p.m.
Adult Hip Hop	Thursday	8:00-9:00 p.m.
Adult Tap Experienced/Advanced	Wednesday	7:30-8:30 p.m.

PILATES AND ZUMBA

Essential Pilates	Monday	7:30-8:30 p.m.
Intermediate/Advanced Pilates	Wednesday	7:45-8:45 p.m.
Zumba	Tuesday	7:30-8:30 p.m.

Offered in 10 week sessions - \$90 per session

- Student placement at the discretion of the teacher based on age & level
- All class times subject to change
- Classes available depending on enrollment
- Participation in Dance Exams, Festivals and Recital subject to attendance and teacher approval
- Students are encouraged to make up missed classes in consultation with their teacher

MARK YOUR CALENDAR!

Studio One's 20th Anniversary Recital-Saturday, June 2, 2012 at

The studio will be closed on the following days:

- Monday, October 10, 2011 (Thanksgiving)
- Friday, November 11, 2011 (Remembrance Day)
- Friday, December 23-Sunday, January 8, 2012 (Winter Break)
- Monday, February 20, 2012 (Louis Riel Day)
- Monday, March 26 - Sunday, April 1, 2012 (Spring Break)
- Monday, May 21, 2012 (Victoria Day)

CLASSES BEGIN SEPTEMBER 12!

THE STUDIO WILL BE OPEN
FOR REGISTRATION:

August 23-25 1-5 p.m.
August 29- Sept. 1 2-6 p.m.
Sept. 6-8 2-6 p.m.

DRESS CODE:

BALLET: Ballet pink tights, black leotard and pink ballet slippers with elastics

JAZZ & LYRICAL: Black jazz pants, dance top or bodysuit, T-shirt or tank top and black jazz oxford;(For jazz students that have jazz runners- **jazz oxfords are also required**)

HIPHOP: Track pants and T-shirt or tank top and **indoor runners**

••• **no outside runners on the dance surface please** •••

MODERN: Dance attire and bare feet

TAP: Same as jazz, tap shoes. More advanced students - Teletone taps preferred

THIS 'N' THAT: Tights and leotard, pink ballet slippers with elastics, tap shoes

PRE-SCHOOL: Light pink short-sleeved leotard (or any color if already have),

ballet pink tights, ballet slippers with elastics

ADULTS: Whatever you're comfortable in and appropriate footwear

(For male students: T-shirt and sweat pants or shorts)

NOTE: It is important that students have their hair tied back. Ballet students must secure hair in a bun.

For safety reasons, please do not chew gum or wear jewelry during classes.

USED SHOE EXCHANGE:

Children usually grow out of shoes before they wear them out. Because the cost of new shoes can be expensive, we are pleased to offer a used shoe exchange.

The program is available all year (as some shoes still fit into the fall prior to a growth spurt).

Please drop off any "experienced" shoes you may have with your name, phone number, and price you'd like for your shoes. We'll try to match them to a new owner.

Hopefully, you also will find a pair in your new size. This service is only for Studio One students and is **cash only**.